Homework Strategies

GREETING: Give an elbow bump and say "Hello" to those around you.

INTRODUCTION: Developing positive homework strategies can help you get your work done well! You can reduce stress by completing assignments on time and doing your best work.



DISCUSSION QUESTIONS

- What are some strategies you use for getting your homework done?
- What routines or habits help you?
- · How does a homework log help?

- What are some distractions that get in the way?
- How can you reduce those distractions?
- Where do you do your homework?

Activity #1

Let's have a homework strategy challenge. In groups, come up with as many positive homework strategies as you can (like writing in a homework log). Whichever group thinks of the most will win!

Activity #2

Find, visualize, or draw five different objects that can help you complete your homework well. Explain what the objects are and why they are important for homework completion.

Activity #3

Draw or describe your ideal homework spot. Think about where it would be, what materials you would have, and how it would be set up.

CLOSING: What is one new or improved homework strategy you can try this week? How can that strategy help you?

FINAL THOUGHTS: Share any final thoughts, questions, concerns, or needs.